



Principles of Traditional Archery

By Thomas Grissom

Sunstone Press, United States, 2013. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A completely new way of thinking about traditional archery takes shape in the pages of this book. The emphasis throughout is on the basic principles that govern the design, performance, and use of all forms of traditional bows and arrows. Here are discussed both the practical as well as the technical considerations behind the choices faced by every archer in selecting and using the tools of the sport. The design of the bow-and the arrow-are analyzed in terms of the underlying principles that determine their performance and use. The concept of an ideal bow and an ideal arrow are introduced as useful ways of thinking about the limitations of real bows and arrows. The important parameters of the bow are identified and a straightforward way of measuring them is described. The effect of draw weight on performance is examined with a view to injecting some realism into the perennial question of how much draw weight is enough. A separate chapter is devoted to the problem of distance shooting and another to clearing up the confusion surrounding the...

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